

72-Hour Emergency Kit Checklist

With a 72-hour kit in place, you will have the security of knowing that your most pressing and immediate needs will be met in the event of an emergency. This kit will help to sustain you and your family at home, and should be 'Ready-to-Go' in the event that you need to evacuate.

<input type="checkbox"/> Storage	Duffel bag/large plastic bag to keep clothes dry
<input type="checkbox"/> Example food	Bottled water (2 litres per person, per day), food that won't spoil – canned and dried food, sports bars, gum, hard candy; plastic cutlery
<input type="checkbox"/> Clothing	One change of clothes, lounge clothes for sleeping (track pants), socks, underwear, hat
<input type="checkbox"/> Equipment	Flashlight / batteries, blanket or sleeping bag, watch, radio, whistle, map, deck of cards, books, small games
<input type="checkbox"/> Documents	Passport, driver's license, OHIP card, health insurance, will, important pictures, phone numbers, extra cash, debit card
<input type="checkbox"/> Special needs	Medication, copies of prescriptions, eye glasses, contact lens cleaner
<input type="checkbox"/> Hygiene	Deodorant, tooth paste, razor, toiletries, feminine products, wash cloth, towel, hand sanitizer
<input type="checkbox"/> First Aid	First Aid kit, sunscreen, rubber/latex gloves, tissues
<input type="checkbox"/> Pets	Leash and cage, hard food, water/food dish

For more information on emergency planning, visit the Northumberland County website at www.northumberlandcounty.ca/emergencyplanning, or contact your local Community Emergency Management Coordinator (CEMC). Contact information for local CEMCs is available at www.northumberlandcounty.ca/CEMC.